

# SmartGinkgo

Work smarter, study, learn  
& remember better



- Improves memory
- Increases mental alertness
- Improves blood flow
- Reduces stress and anxiety

**ISO 17025**  
Accredited Laboratory



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# SmartGinkgo



Who doesn't want to have a sharp, clear memory and increased mental energy? Everyone can benefit from **SmartGinkgo**'s unique combination of nutrients that is designed to increase mental alertness and awareness while improving memory.

## What Does **SmartGinkgo** Contain?

Our diets often neglect fuel for cognitive function; this unique blend of nutraceuticals is formulated to protect the brain from oxidative stress, increase mental alertness, and improve memory.

*Ginkgo biloba* has been shown in numerous studies to improve mental functions and memory.

The flavonoids and terpenoids in the *Ginkgo biloba* leaf are used to strengthen capillaries and support central nervous system function.

*Ginkgo biloba* extract improves oxygen delivery and offers protection from environmental toxins. Studies have shown its benefits in the treatment of dementia and Alzheimer's disease.

The triterpenoids in gotu kola have proven to reduce stress in studies involving startle response in human trials, which reflect anxiety levels. Gotu kola has long been used to enhance mental abilities. Its mild tranquilizing effects, antistress and anti-anxiety action make it a highly effective herb.

Fo ti is a well-known herb in traditional Chinese medicine, where it is used to revitalize and increase





both mental and physical energy. It is also used to restore youthfulness.

Siberian ginseng has long been valued for its ability to improve mental and physical energy. It improves concentration, and relieves stress and fatigue.

L-Glutamine is an amino acid that's known as brain fuel. It's an amino acid integral for the production of both excitatory and inhibitory neurotransmitters. Its ability to improve mental functioning makes it useful for a wide range of problems.



Phosphatidylserine is a specialized lipid and a key nutrient that supports synaptic function within the brain to improve mental acuity. It is used by the brain for proper functioning and may even be useful for those suffering from advanced Alzheimer's.

Huperzine A, extracted from the Chinese club moss, temporarily blocks the production of the enzyme that destroys acetylcholine. Acetylcholine is essential for communication between nerve cells. Huperzine A is nature's perfect answer for those who wish to fuel up their mental power. Studies have even found this remarkable nutrient to be a safe and effective treatment for Alzheimer's patients.

*Bacopa monnieri* extract is known in Ayurvedic medicine as a nootropic, a compound that enhances cognitive function.

L-Theanine is a nonessential amino acid that stimulates the production of the amino acids that exert a calming effect on the nervous system.

#### Each vegetable capsule contains:

Gotu kola ( <i>Centella asiatica</i> )	40 mg
L-Glutamine	150 mg
Phosphatidylserine (phosphatidylserine-enriched soy lecithin)	30 mg
Siberian ginseng ( <i>Eleutherococcus senticosus</i> ) root, 0.8% eleutherosides	100 mg
Huperzine A ( <i>Huperzia serrata</i> )	400 mcg
Bacopa ( <i>Bacopa monnieri</i> ) extract (20:1), 45% bacosides	30 mg
<i>Ginkgo biloba</i> leaf extract, 24% flavonoid glycoside, 6% terpene lactones	80 mg
L-Theanine	50 mg
<i>Ginkgo biloba</i> leaf	40 mg
Fo-ti (10:1 extract), 2% phosphatides	20 mg

**Other ingredients:** Non-GMO maltodextrin, vegetable magnesium stearate, and silicon dioxide in a non-GMO vegetable capsule made of vegetable carbohydrate gum and purified water.

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#### Suggested use:

**Adults:** Take 1 capsule daily with food or as directed by your health-care practitioner. Consult a health-care practitioner for use beyond 4 weeks.

Manufactured under strict GMP (Good Manufacturing Practices).

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